

**1. PUBLIC HEALTH STUDENTS CONFERENCE IN SEE:
*PUBLIC HEALTH - THE NEW PERSPECTIVE: EXPECTATIONS AND EXPERIENCE
IN STUDYING PUBLIC HEALTH IN SOUTH EASTERN EUROPE*
December 16-17, 2005, Skopje, R. Macedonia**

**The New Public Health in the SEE Region and
Public Health Development in Macedonia**

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BACKGROUND OF THE INITIATIVE FOR PUBLIC HEALTH COOPERATION IN SOUTH EASTERN EUROPE (PH-SEE)

- HFA-2000 & HFA-21 reaffirmed the importance of PH in national health systems => vehicle for change & > health
- Ottawa Charter for Health Promotion (1986): healthy public policy, supportive environments, community action, personal skills, HC service
- Stability Pact initiative and agreement for SEE, PH-SEE Project, **2000**
- WHO Strategy of the New PH => instrument to promote health and > ec. prosperity (Commission on Macroeconomics and Health, **2001**)
- OSI-ASPHER Initiative and joint program entitled "Quality Development of Public Health Teaching Programs in CEE", **2001**
(www.ensp.fr/aspher)
- => Intl New Public Health Movement and Promotion in Europe
- PH sector in SEE countries was exposed to those new ideas and concepts during the transitional period

SOCIAL AND POLITICAL SPECIFICITIES OF THE SEE REGION COUNTRIES

- Long history, multi-ethnicity and multiple denominations in SEE countries
- Economic depression
- Struggling with sequels of long lasting socialist mis-management
- Decade of civil wars & forced migrations
- Disrupted professional networks in SEE
- High educational level of hlth professionals & marginalized status & weak PH action

HEALTH SECTOR REFORMS AND PUBLIC HEALTH NEEDS IN SEE COUNTRIES

- Transition in SEE countries, PH problems and lack of comprehensive PH (MPH) education
- Importance of investing in health has been greatly underestimated by analysts, Govmts and Intl donor community
- Public Health sector needs for retraining of staff and training of the new generation of PH professionals

THE CONCEPT AND PHILOSOPHY OF THE NEW PUBLIC HEALTH

- The **Old Public Health** ...concerned with environmental sanitation, safety of food, air and water ... targeted infections, toxic, and traumatic causes of death...
- The **New Public Health** is synthesis of classical public health, interacting with the biomedical, clinical and social sciences, economics and technology assessment, and experience of the health systems toward universal health care, management of personal services and community action for a holistic approach to health and illness and risk factors for disease (Tulchinsky & Varavikova, 2000).

... The **New Public Health** is concerned with action and seeks to address issues as... equitable access to HC services, the environment, political governance and social and economic development (Ncayiyana D, et al. 1995)

The New Public Health Ethics

Equity
Solidarity
Subsidiarity
Sustainability
Comprehensiveness
Participation
Universality
Efficiency
Justice
Peace

(Amended from Laaser U, Donev D, Bjegovic V, Saroli Y. Public health and Peace – Editorial. Croatian Medical Journal 2002; 43/2:107-13)

Initial activities & Milestones for Development of PH Cooperation in SEE Region

- **2000, Nov 3-4, Zagreb, 1st Coordination meeting of the Stability Pact Project on Academic Programs for Training and Research in PH**
- **Managing Office: Andrija Stampar School of Public Health Medical School, University of Zagreb**

Principal Coordinators:

- **Prof. Dr. med. Luka Kovacic, PhD**
- **Prof. Dr. med. Ulrich Laaser, DTM&H, MPH**
Section of International Public Health (S-IPH)
School of Public Health, University of Bielefeld, GERMANY

Steering Committee of PH-SEE Project

(www.snz.hr/ph-see)

- Prof. Luka Kovacic, Zagreb, Croatia
- Prof. Ulrich Laaser, Bielefeld, Germany
- Prof. Vesna Bjegovic, Belgrade, Serbia and Montenegro
- Prof. Jadranka Bozиков, Zagreb, Croatia
- Dr. Genc Burazeri, Tirana, Albania
- Prof. Doncho Donev, Skopje, Macedonia
- Dr. Silva Gabriela Scintee, Bucharest, Romania
- Asst. Prof. Lidia Mladenova Georgieva, Sofia, Bulgaria
- Prof. Mirjana Martinov Cvejic, Novi Sad, Vojvodina, Serbia and Montenegro
- Prof. Vera Grujic, Novi Sad, Vojvodina, Serbia and Montenegro
- Asst. Prof. Gordana Pavlekovic, Zagreb, Croatia
- Dr. Lijana Zaletel-Kragelj, Ljubljana, Slovenia
- Asst. Prof. Valeriu Sava, Chisinau, Moldova
- Prim. dr. Zlatko Vucina, Sarajevo, Bosnia-Herzegovina

Initial activities & Milestones for Development of PH Cooperation in SEE Region (Cont.)

- **2001, Feb 16-18, Dubrovnik, Croatia:** 1st Conference on PH Training and Research Collaboration in SEE
- **2001, July 22-27, Zagreb, Croatia:** 1st Summer School for Public Health Professionals on the Internet in Health Sciences
- **2001, Dec 6-8, Skopje, Macedonia:** South Eastern European Conference on Public Health and Peace (Skopje Declaration on Public Health, Peace and Human Rights 2001 is published in Croatian Medical Journal and accessible on-line www.cmj.hr)

CROATIAN MEDICAL JOURNAL



• CMEJ 2002 April, Vol. 43, No. 2

• Public Health and Peace

Go to the people,
Learn from them,
Love them,
Start with what they know,
Build on what they have.

But of the best leaders,
When their task is
accomplished,
Their work is done,
The people will remark,
“We have done it ourselves.”

(Lao Tse about true leaders)

Initial activities & Milestones for Development of PH Cooperation in SEE Region (Cont.)

- **2002, Feb 3-22, Zagreb, Croatia:** 1st Winter School for Public Health Professionals: Training of Teachers in Planning and Management of Public Health
- **2002, May 9-11, Tirana, Albania:** 3rd Conference on PH Training and Research Collaboration in SEE and 3rd Coordination Meeting of Public Health Training and Research Collaboration in South Eastern Europe
- **2002, July 21-27, Ljubljana, Slovenia:** 2nd Summer School for Public Health Professionals: Minimum Indicator Set (MIS) for SEE countries
- **2002, Sept 28 - Oct 1, Zagreb:** XXIV ASPHER Annual Conference and 75th Anniversary of Andrija Stampar School of Public Health (Agreement on Collaboration of the Public Health Consortium for South Eastern Europe (PH-SEE) was signed on behalf of first 13 participating institutions)

Initial activities & Milestones for Development of PH Cooperation in SEE Region (Cont.)

- **2003, April 12-15, Sinaia, Romania:** 4th PH-SEE Coordination Meeting
- **2003, June 5-8, Sofia, Bulgaria:** 4th Conference on PH Training and Research Collaboration in SEE
- **2003, Sep 14-21, Budva, Serbia and Montenegro:** 3rd Summer School for Public Health Professionals: Strategies for Public Health Policy in the SEE Transition Countries
- **2004, Aug 23-28, Belgrade, Serbia:** Expert Summer Retreat: National PH Strategies in SEE and the EU Health Policy
- **2005, Feb 7-9, Belgrade:** Health Insurance - Determining the Framework
- **2005, Feb 13-19, Belgrade, Serbia:** Winter School: Evidence Based Public Health
- **2005, July-Sep, Belgrade, Serbia:** Summer Campus: School of Public Health
- ...

Initial activities & Milestones for Development of PH/MPH in Macedonia

- **2000, Nov 1, Skopje**, 1st Meeting with Prof. Laaser: Macedonia supported the initiative and joined the Stability Pact Project
- **2001, May 9**, MOH & MOES joint initiative for establishing SPH in RM
- **2001, May 9**, The Government of R. Macedonia concluded to provide financial funds of 500.000,00 DM for starting the activities ...SPH
- **2001, July 18**, Skopje meeting with PH-SEE invited expert, Prof. U. Laaser, for planning further steps for MPH curriculum development ...
- **2001, Aug 24**, FM-Skopje Dean's Decision for establishing Working Group for preparing Concept/ Profile proposal for the SPH
- **2001, Sep 15**, Ohrid PH-SEE Coordinative meeting: "Integrated Proposed Document..." was presented by the president of the Commission for establishing the SPH in Skopje, RM
- **2001, Nov 26**, initiated OSI and the World Bank 3 year development project for preparing MPH Curriculum & establishing SPH, with assistance of the Intl consulting group lead by the Braun School of Public Health, Jerusalem, Israel

Initial activities & Milestones for Development of PH/MPH in Macedonia (cont.)

- **2001, Dec 28**, Memorandum of Understanding on Development of a School of PH at Skopje FM was signed by the Minister of Health, Rector of the University in Skopje, Dean of the FM and Director of the FOSIM-Soros Skopje
- **2002, Oct.**, Faculty of Medicine approved new regulations for establishing Center for PH within the new Deaconate Building (space for office & secretariat, teaching room & facilities, computer lab, PH library)
- **2002, Oct 10:** " The road toward real SPH is long one and will be many bumps and storms along the way because of conservative tradition of medical attitudes, which is not so unusual. The School of Public Health will evolve, so long as there is a commitment to have such an entity" – Prof. Ted Tulchinsky
- **2002, Nov 18-21**, Skopje Workshop for MPH Curriculum development with assistance of the Intl. consultants (Ted Tulchinsky & Linas Shumkas)

Initial activities & Milestones for Development of PH/MPH in Macedonia (cont.)

- **2002, Dec 9-20**, PH-SEE Project professional visit and two-week stay of Prof. Joachim Gardemann as visiting professor to the UKIM
- **2003, Oct-Nov**, Jerusalem, Israel, started VFP at Braun School for PH
- **2003, Dec 4**, Skopje, Hotel Holliday Inn, Promotion of the Textbook translated into Macedonian "The New Public health" (T. Tulchinsky and E. Varavikova)
- **2003, Dec 5**, Skopje Faculty of Medicine, Promotion and Implementation of the MPH Curriculum with the first Course "Intro to the New Public Health", for the first generation of 36 MPH students (multi-disciplinary group)

Mission and Goals of the PH-SEE Stability Pact Project and MPH Programs

- ❑ To raise capacity of present and future public health professionals – competent to assess health problems, to formulate objectives, strategies and to implement programs;
- ❑ To facilitate teaching, research, providing public health services and analysis/formulation of national health policy;
- ❑ To prepare target-oriented Public health practitioners, researchers, policy analysts, managers and decision-makers;
- ❑ To provide continuing education for current and aspiring public health practitioners, researchers, policy analysts and managers;
- ❑ To promote public health research and health policy analysis;
- ❑ To advocate and promote health-related issues in public policy, planning and management of HC system
 - = > MPH/ CPH/ SPH in: Skopje, Belgrade, Sofia, Tirana, Ljubljana, Prishtina, Bucharest etc.